

QUADS NEWSLETTER

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Alum Spotlight

Amy Tocto

QUADS Alum,
Maloney
High School



Currently Attending: Stanford University

Favorite QUADS Memory: Hiking the
Sleeping Giant trail during QSE and the
scavenger hunt

Advice to QUADS Students: Try to find
things you are passionate about! Don't
be afraid to try something new
because you could fall in love with it
really quickly!



Academic Spotlight

QUAD Pod Spotlights

Maloney High School

Nicandro Cappuccia Romero
participated in a National
Swim Competition in
Minnesota!

Hamden High School

**Margret Otieno and Heather
Lajara-Brea** are Mock Trial
tournament champions and
are proceeding to the finals!

Lincoln Middle School

QUADS Jr. students have been
working on symbols of self and
getting to know each other!

East Haven High School

Welcome **Marissa Urbano, Janestta
Ackom-Brew, Jhonny Quilambaqui**
and **Anthony Folwer** to QUADS! You
have positively contributed to our
community!

Platt High School

Josh White, Jason Asklar, Ari Otero,
and **Kimari McKenzie** had a
successful Band season!
And an awesome Thanksgiving Day
performance!

UPCOMING EVENTS

* QU Women's Basketball Game

January 31, 2026

2pm - M&T Bank Arena

Check the back page for
ticket details!

* Spring College Experience (Virtual)

March 18, 2026

2:15-3:15pm@ your QUAD Pod

Join us for a virtual college
experience, similar to those
at QSE!

* QUADS Summer Experience

June 15 - 19, 2026

*Mandatory attendance
Spend a full week at
Quinnipiac University focused
on community-building and
skill-strengthening

Participate in our QUADS Raffle!

Use the QR code to enter the raffle for QUADS
merch!
Please only enter once! Drawing February 2nd, 2026



Mentor Spotlight

"To me, QUADS is about shared experiences, open discussions, and collective problem-solving, where differences don't divide but instead enrich the outcomes we create together. It embodies the power of mentorship—not just guiding but learning alongside students as they explore new ideas."



Lorraine Matuza

Masters in Business Analytics

College-Readiness Checklist

Freshman Year

- Explore post-graduation options
- Consider extracurriculars, clubs (QUADS!)
- Start a resume

Sophomore Year

- Start looking into colleges, college requirements, financial aid options
- Take the PSAT
- Meet with your counselor to update your post-graduation plan
- Keep updating your resume!

Junior Year

- Take the SAT or ACT, if needed
- Narrow down your list of colleges
- Attend college fairs
- Schedule campus visits
- Consider job shadowing your career of interest
- Brainstorm college essay topics



Quinnipiac Contact Information

Undergraduate Admissions

QUADS Contact: Elizabeth Beaton

Email: admissions@qu.edu

Phone: 203-582-8600

Undergraduate Financial Aid

Email: finaid@qu.edu

Phone: 203-582-8750

QU Women's Basketball Game Tickets

GAME DATE: Saturday, January 31st, 2PM

COST: Tickets are totally free for all QUADS Community members.

PICKUP: You can grab your tickets at *Will Call* on the day of the game.

Sign up for tickets here!



Can't wait to see you there!

